Run begins at Georgia and Thurlow, continues west on Georgia to Denman, south on Denman to beach Ave, southeast on Beach to Pacific, south over the Burrard Bridge, south on Burrard to 3rd Ave, east on 3rd to Fir, south on Fir to 4th Ave, east on 4th to 6th Ave, east on 6th Ave under the Cambie Bridge to 3rd Ave, east, 3rd Ave to Columbia, South on Columbia St to 6th Ave, East on 6th Ave to Quebec Ave, north on Quebec Ave to Terminal and continue on Pacific BLVD to Griffiths way to finish.

EVENT TIMES: Mini Sun Run – 08:00
Competitive Wheelchairs – 08:40
Main Race – 09:00
Roads to re-open 13:30

START AREA: Georgia, from Seymour to Bute
FINISH AREA: Pacific Blvd – BC Place Stadium to Pat Quinn Way

CLOSURES:
Georgia - from the Causeway to Pender 08:00 – 11:00
Denman - from Georgia to Beach Ave 08:00 – 11:00
Beach Ave – from Denman to Jervis 08:30 – 11:30
Pacific Ave - From Jervis to Hornby 08:30 – 11:30
Burrard St – Davie to the Burrard Bridge 08:00 to 11:30
Burrard Bridge – full closure 08:00 to 11:30

BURRARD BRIDGE – 08:00 hrs to 12:00 hrs
W 6th Ave East Exit 08:30 – 12:00
Burrard Street – Bridge to West 3rd 08:30 – 12:00
W 3rd Ave – Burrard to Fir 08:30 – 12:00
Fir St – W 3rd Ave to W 4th Ave 08:30 – 12:00
W 4th Ave/W 6th Ave – 08:30 – 12:30
Pine to 3rd & Alberta
Cambie Bridge – Pacific Ave Exit ramp 05:00 – 13:30
Cambie Bridge – 6th Ave East 08:30 – 12:30
West 3rd Ave – 2nd Ave to Columbia 08:30 – 12:30
Columbia – From 3rd to 6th ave 08:30 – 13:00
6th Ave – From Columbia to Quebec 08:30 – 13:00
Quebec – From 6th to Terminal 08:30 – 13:30
Pacific Blvd – From Terminal to Griffiths Way

Pacific Blvd – from Nelson to Carrall 05:00 – 13:30
Pacific Blvd – from Pat Quinn Way to Quebec 07:00 – 13:30
Quebec – from National to Prior 07:30 – 09:00
Pat Quinn Way – from Expo Blvd to Pacific Blvd 05:00 – 13:30
Carrall – from Keefer to Pacific Blvd 07:00 – 09:00
Carrall- From Expo to Pacific Blvd 07:00 – 13:30
Expo Blvd – from Quebec to Pat Quinn Way 07:00 – 09:00
E/bound Pacific Blvd. Exit Ramp - from Cambie Bridge 05:00 – 13:30
Cambie Bridge – Pacific Ave Exit 05:00 – 13:00