

# KELOWNA (East)

## RECOMMENDED ROUTE: Mission Creek Regional Park

**Type:** Out and Back

**Start/Finish:** Running Room store at Orchard Plaza (1876 Cooper Rd)

**Route Info:** This is a mix of road and groomed trail, starting and finishing at the Running Room Store.

R – Cooper Road, L – Springfield Road, R – Second Hollywood Road South, R – East Kelowna Road, R – on Greenway, Exit Right at Eco Centre, L – Springfield Road, Back to store

